








PROJECT REGISTRATION FORM

DISTRICT TO WHICH IT BELONGS: 4281
ROTARY CLUB: ARMENIA INTERNATIONAL
PROJECT NAME: EMPATHETIC



AREAS OF INTEREST:

	PEACE AND CONFLICT PREVENTION	X
	PREVENTION AND TREATMENT OF DISEASES	
	MATERNAL CHILD HEALTH	
	WATER SUPPLY AND SANITATION	
	ECONOMIC DEVELOPMENT	
	BASIC EDUCATION AND LITERACY	
	ENVIRONMENT	

1. OBJECTIVES OF THE PROJECT (300 Characters)

GENERAL OBJECTIVE:
 To reduce the difficulties of school coexistence between students of the groups #4 and #5 from sixth, seventh, eighth and ninth grades of the Ciudadela del Sur Educational Institution, at its main headquarter, with 280 targeted students.

SPECIFIC OBJECTIVES:

- To strengthen the identity, life project and emotional management of 280 students in the sixth, seventh, eighth and ninth grades through a theoretical and practical training named "Being construction program".
- To establish as part of the "Parents school" already conformed a theoretical and practical program of assertive parenting guidelines for the 280 caregivers of the students in the groups (6-4, 6-5, 7-4, 7-5, 8-4, 8-5, 9-4-9-5).
- To generate a program of psychological first aid, family emotional management and non-physical or verbal correctives for students and focused caregivers.
- To install a training care route to improve school coexistence at the IE Ciudadela del Sur, Central Headquarters, focused on the sixth, seventh, eighth and ninth grades.
- To reproduce physically and digitally the memories of the process and results of the project to share nationally and internationally in a peace booklet.

2. DESCRIPTION OF THE PROJECT (800 Characters)

Please describe what needs did you identify? How will the project address these needs? Who will be the beneficiary of this project? Report an estimated number of beneficiaries.

General Needs:

The Educational Institution **Ciudadela del Sur** is a public school (free tuition) located in Armenia, Quindío, Colombia, South America that educates over 2.200 students per year, from preschool to 11th grade with a constructivist pedagogical approach that promotes inclusion, research, technology, environmental care, bilingualism, sports and culture.¹ Ciudadela del Sur has become the second biggest school of the region and is in the top 206 of the best schools of the country, understanding that this position is usually awarded to private institutes with high tuition costs invested in avant-garde education models.

Rotary Armenia International worked with Ciudadela del Sur three years ago, when the Global Grant **"ReciCRAI"** was implemented. To illustrate, the project was made in "La Fachada", one of the four headquarters that the school had and its main aim was to generate positive peace actions in students from 1st to 5th grades, teachers and the community by the use of recycling as the tool to work cooperatively, embellish the school, train parents to find a new source of income and the awareness of the importance of taking care of the planet. The successful first grant for a Rotaract Club in Colombia was possible due to the commitment of the community and its deep interest in better possibilities for them from peace processes. However, after its result monitoring it was marked that other headquarters had more problematics. After research, interview and polls (attached to this file), it was demonstrated that nationality, gender, sexual orientation and power war were the causes of conflict that usually got students involved in verbal or physical aggression, broking harmony into and outside the main headquarter, where students from 6th to 11th grade studied. **"Empathetic"** was created to address that conflict in 8 of 22 groups that during the evaluation process showed significant deficiencies in coexistence and educational profile.

Cross-curricular activities are mandatory for any public school in Colombia. For instance, ethics, environmental care, and political constitution, parents' school, chair of peace are part of the process. Ciudadela del Sur for 2024 aims "to have a positive impact on emotions" and "0 tolerance for bullying." Therefore, this project seeks to direct efforts towards this path as implementing Empathetic as a new cross curricular program that trains the school community to manage and prevent conflict with clear steps and measurable results attached to parents' school and chair of peace.

Phase I: "Being construction program"

-A training process to strengthen the identity, life project, and emotional management of 280 students in the sixth, seventh, eighth, and ninth grades through a theoretical and practical program of 36 hours per group (6-4, 6-5, 7-4, 7-5, 8-4, 8-5, 9-4-9-5).

Phase II: "Parents school and psychological attention"

-A training process of 20 hours to establish as part of the "Parents school" a theoretical and practical program of assertive parenting guidelines for the 280 caregivers of the students in the groups (6-4, 6-5, 7-4, 7-5, 8-4, 8-5, 9-4-9-5).

-To generate a program of psychological first aid, family emotional management, and non-physical or verbal correctives for students and focused caregivers in which two psychology students work for 2 years to guide parents and students in this important aspect.

Phase III: "Peace and conflict prevention program, a formative perspective"

-To install a training care route to improve school coexistence at the IE Ciudadela del Sur, Central Headquarters, focused on the sixth, seventh, eighth, and ninth grades with 20 hours training process for teachers and 10 hours to transmit the concepts and outcome (official route made by teachers) to the community.

-To reproduce physically and digitally the memories of the process and results of the project to share nationally and internationally in a peace booklet that would have 10 practical hours to plan, edit, and build the product by students.

Beneficiaries:

Direct Beneficiaries	Indirect Beneficiaries
280 students approximately from 6-4, 6-5, 7-4, 7-5, 8-4, 8-5, 9-4-9-5 grades.	580 students from 6 to 11 grades that study with the focalized groups of the intervention.

¹ According to the Ministry of Education, The Colombian education system is made up of: early childhood education, preschool education, basic education (five grades of primary and four grades of secondary), high school education (two grades and ends with the bachelor's degree), and higher education. <https://www.mineducacion.gov.co/portal/secciones/English-version/Vice-ministry-of-Pre-school-Primary-and-Secondary-Education/355502:Colombian-Education-System>

70 teachers. 280 Parents. Administrative crew of the Educational Institution.	An international school that participate in the creation of the booklet.
---	--

Activities to Develop: (800 Characters)

Phase I: "Being construction program"

RESULT 1.1. To strengthen the identity, life project and management of emotions of 280 students in the sixth, seventh and eighth grades through theoretical and practical training. 36 hours of training per group (6-4, 6-5, 7-4, 7-5, 8-4, 8-5, 9-4, 9-5) given on a regular basis and with a minimum intensity of 2 hours per week.

Contents:

1. Self-knowledge workshop
2. Creating a Dream Map
3. Emotion management workshop
4. Motivational talks
5. Conflict resolution workshops
6. Personal Reflection Journal
7. Artistic activities of expression
8. Reflection and Closure Meeting

Phase II: "Parents school and psychological attention"

RESULTS 2.1. To establish, as part of the already constituted parents' school, a theoretical-practical program of assertive parenting guidelines for the 280 guardians of the students in the groups (6-4, 6-5, 7-4, 7-5, 8-4, 8-5, 9-4, 9-5). 20 hours of training for the project's attendants given on a regular basis and with an intensity of two hours per week.

Contents:

1. Introduction to Assertive Parenting Workshop
2. Active Listening and Assertive Communication Workshop.
3. Conflict Management Workshop
4. Positive Discipline Strategies
5. Empathy and Understanding Workshop
6. Self-Care Workshop for Parents
7. Closing Meeting and Reflection (continued)

RESULT 2.2. Generate a program of psychological first aid, management of emotions in the family, non-physical or verbal correctives for the students and focused attendants. Hiring for two years 2 psychology interns who assertively attend to the diverse needs of the educational community from Monday to Friday part-time (one in the morning, the other in the afternoon).

Contents:

Psychological care program contracted for two years for two interns.

Phase III: "Peace and conflict prevention program, a formative perspective"

RESULTS 3.1. Install a training service route for the improvement of school coexistence at the IE Ciudadela del Sur, Central Headquarters, focused on the sixth, seventh, eighth and ninth grades. 20 hours of training for teachers and principals of sixth, seventh, eighth and ninth grades, given on a regular basis with an intensity of 4 hours per week for the prevention and resolution of formative and non-punitive conflicts. 10 hours of awareness of the result with the targeted students given by the trained teachers and directors.

Contents:

1. Theoretical space for teachers and managers
2. Practical space for the consolidation of concepts
3. Formalization of the conflict prevention route in writing to be implemented in the school, as part of the pact of coexistence in type I and II situations, annex with transversal activities for the prevention of conflict and peace in the classroom. (6 hours, virtual and face-to-face tasks).
4. Closing the process with incentives, awards and certification for teachers and principals
5. Facilitate a process of damage reparation and reconciliation among students through work on collaborative projects, promoting the learning of conflict prevention and resolution processes based on the knowledge

acquired by teachers in the previous 20-hour training. Subject to change and suggestions after the training process.

RESULTS 3.2. Physically and digitally reproduce the memories of the process and results of the project to share nationally and internationally in the CISUR peace booklet. 20 hours invested in the planning, elaboration and publication of the booklet with 2 participating students per classroom (16 students), 4 teachers, 4 parents, a coordinator and the rector.

Contents:

Planning, preparation and publication of physical and digital reports of the entire project.
Presentation of the result nationally and internationally (Fulbright and US Embassy as main allies).

3. SUSTAINABILITY (800 Characters)

Cross-curricular activities are mandatory for any public school in Colombia. For instance, ethics, environmental care, and political constitution, parents' school, chair of peace are part of the process. Ciudadela del Sur for 2024 aims "to have a positive impact on emotions" and "0 tolerance for bullying." Therefore, this project seeks to direct efforts towards this path as implementing Empathetic as a new cross curricular program that trains the school community to manage and prevent conflict with clear steps and measurable results attached to parents' school and chair of peace.

4. PRESUPUESTO

How will you invest the money received through a possible global grant? Please reflect the total value

Item	Description of the Item	Value in COP
Training	Students, parents and teachers' training in conflict prevention and conflict resolution.	29.280.000
Supplies	Kit supplies for teachers, students and parents during training process to support training activities such as paper, paper board, scissors, log, markers, painting, books, among others. Certification process at the end of each training part. Printed booklet at the end of the project (200). Closing ceremony with certification.	31.672.000
Monitoring and evaluation	Questionnaires, polls, surveys printed to check each one of the stages of the project and training process before, during and after.	19.700.000
Operations	Snacks and beverages for participants during the training process.	27.730.000
Staff	2 part-time psychology students in their professional practice process. Two years of service, one will attend the day from 8 a.m. to 12 p.m. and another from 1 p.m. to 5 p.m.	60.000.000
Staff	Graphic designer to plan, edit and publish the ebooklet. Page and publicity process included.	3.000.000
Supplies	Incentives for students, teachers and parents during the process such as: tecnology for the winners, trip for the winners, peace classroom for the school.	26.370.000
Project Management	5% of total cost of the project for incidentals.	8.962.500

TOTAL	188.984.500

<i>Approximate exchange rate</i>	USD 1 = 4.000COP
VALUE IN \$ USD	\$47.248

5. PROJECT FINANCING (EXPECTED)

Cost of the Project	USD \$	\$47.248
Local Club	USD \$	\$500
Sponsor Clubs	USD \$	\$0
District 4271 o 4281 (si lo hubiese)	USD \$	\$0
International District or clubs	USD \$	\$0
Other	USD \$	\$0

#	Fuente	Detalles	Monto (en US\$)	Apoyo*	Total	
1	Cash from Club	Pleasant Valley [Rotary Club]	100.00	0.00	100.00	 
2	Cash from Club	Global Passport (6330) [Rotary Club]	3,000.00	0.00	3,000.00	 
3	District Designated Fund ...	5300	400.00	0.00	400.00	 
4	Cash from Club	Kingston [Rotary Club]	1,050.00	0.00	1,050.00	 
5	District Designated Fund ...	7040	1,050.00	0.00	1,050.00	 
6	District Designated Fund ...	6330	3,000.00	0.00	3,000.00	 

January 14th 2025

Thank you for your support, our club will help the community solve its most important needs. We thank you for analyzing this project; For more information, please contact:

Contact Information:

Nathalia Contreras Soler

+57 3105213902

Nathaliaprofesora@gmail.com